

## WEEK 1

## WEEK 2

## WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>					
<b>MAIN MEAL 1</b>	Breaded Chicken Grill	Chicken Pie	Roast Beef with Gravy	Quorn Hot Dog	Battered Fish Fillet
<b>MAIN MEAL 2</b>	Margherita Wrap	Veggie Sausage Bow Pasta <b>NEW!</b>	Shepherdess Pie	Egg Breakfast Muffin <b>NEW!</b>	Cheese & Tomato Pizza
<b>SIDE DISH</b>	Brown and White Rice or Pasta Shapes	Diced Potatoes	Roast Potatoes or Wholemeal Pasta	Penne Pasta or Hash Browns	Potato Wedges or Tricolour Pasta
<b>COLD OPTION</b>	Tuna Roll	Cheese Spread Sandwich	Ham Roll	Cheese Baguette	Egg Roll
<b>WEEK 2</b>					
<b>MAIN MEAL 1</b>	Veggie Sausages & Gravy	Chicken Pasta Bake	Roast Pork with Sage & Onion Stuffing & Gravy	Beef Burger in a Bun	Harry Ramsden's Salmon & Sweet Potato Fishcake <b>NEW!</b>
<b>MAIN MEAL 2</b>	Macaroni Cheese	Homemade Vegan Sausage Roll & Gravy	Roast Quorn Fillet with Sage & Onion Stuffing & Gravy	Tomato Bolognese	Cheese & Tomato Pizza
<b>SIDE DISH</b>	Mashed Potatoes or Garlic Bread	Penne Pasta or Diced Potatoes	Roast Potatoes or Brown & White Rice	Potato Wedges or Spaghetti	Oven Chips or Tricolour Pasta
<b>COLD OPTION</b>	Cheese Baguette	Ham Roll	Cheese Spread Sandwich	Tuna Roll	Egg Roll
<b>WEEK 3</b>					
<b>MAIN MEAL 1</b>	Pork Sausages with Gravy	Quorn Burger in a Bun	Roast Chicken with Sage & Onion Stuffing & Gravy	Beef Bolognese	Fish Fillet Fingers
<b>MAIN MEAL 2</b>	Cheese Pinwheel	Italian Pasta Bake	Creamy Quorn Pie	Breaded Bean and Vegetable Grill	Cheese & Tomato Pizza
<b>SIDE DISH</b>	Mashed Potatoes or Pasta Shapes	Potato Wedges or Herby Bread	Roast Potatoes or Wholemeal Pasta	Spaghetti or Diced Potatoes	Oven Chips or Tricolour Pasta
<b>COLD OPTION</b>	Tuna Roll	Cheese Spread Sandwich	Ham Roll	Cheese Baguette	Egg Roll

Seasonal vegetables and a variety of salads are served daily.  
 = Vegetarian = Vegan.

We are proud to use the following food brands:



We are accredited by:



**Week 1:** 4 Nov, 25 Nov, 16 Dec, 6 Jan, 27 Jan, 24 Feb, 17 Mar  
**Week 2:** 11 Nov, 2 Dec, 13 Jan, 3 Feb, 3 Mar, 24 Mar  
**Week 3:** 18 Nov, 9 Dec, 20 Jan, 10 Feb, 10 Mar, 31 Mar

